



Beauty confidential

Former top women's magazine editor ELSA McALONAN, with her team of experts, tells you the truth about the latest beauty products

Beauty confidential: How Elle stays so peachy... and other celebrity skin secrets

They are the facialists with magic fingers, and celebrity clients, and as the countdown to Christmas begins they reveal the best ways to get fabulous festive skin in just a month. Even if you try one a week, you're sure to see a difference by December 25.

ADD MOISTURE

'Use a moisturiser that is loaded with hyaluronic acid', recommends Michelle Peck, who counts Madonna as a client. 'This ingredient is a fantastic hydrator because it can hold up to 3,000 times its weight in water, so it really quenches thirsty, dry skin.'

Her recommendation? **Intra**ceuticals** Daily Serum**, £192.95

([intra**ceuticals**.co.uk](http://intraceuticals.co.uk)). 'It's a wonderful all-round serum packed with hyaluronic acid that works well on your face, but also your neck, décolletage, hands and knees,' she explains.



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UK, November 2011